

**CAB Conference Call
September 24, 2020
12:00 EST
Meeting Minutes**

Participants:

Anisa	Harvard University
Carol	Bronx-Lebanon Hospital Center
Claire	Harvard University
Deontay	University of Miami
Falon	University of Colorado, Denver
Joel	University of Puerto Rico
Julie D.	Westat
Julie H.	University of Alabama, Birmingham
Haleigh	FSTRF
Kimbrae	Texas Children's Hospital
Kylie	Texas Children's Hospital
Latonia	University of Illinois, Chicago
Liz	Harvard University
Lourdes	San Juan Hospital
Megan	Westat
Morten	Bronx-Lebanon Hospital Center
Nataly	Westat
Stephanie M.	University of California, San Diego
Stephanie S.	University of Miami
Theresa	Texas Children's Hospital
Trinise	Tulane University

- **APPROVAL OF MINUTES**

The minutes from the August 27, 2020 call were approved with no changes.

- **HEALTH EDUCATION AND COMMUNITY CORE (HECC) UPDATE**

Claire talked about the new HECC and PHACS 2020. PHACS received the Notice of Grant Award. This means that the next five years of funding for PHACS was approved.

Claire explained that the former Health Education and Communication Committee will be transitioning to become the Health Education and Community Core (HECC). The HECC proposal was rated very highly by the National Institutes of Health (NIH) reviewers. **Megan** and **Claire** are currently working on the structure of the new HECC.

Latonia asked about what activities will be done with the funding. **Claire** talked about PHACS 2020. The SMARTT protocol will continue. However, there may be some changes to SMARTT. The AMP Up protocol will continue. There is a new study in PHACS 2020. It is called Trajectories of Emotional Regulation and Behavior Outcomes and Related Brain Regions And Intrinsic Networks (TERBO BRAIN Study). In this study, researchers will be looking at brain development in children born to mothers living with HIV.

There will be four cores in PHACS 2020. A core is a group who is coming together to support PHACS. They help make sure that the science in PHACS is good and strong. One core is the HECC. There is also a core for Epidemiological and Statistical Methods Core (ESC). This new core will be looking at a lot of the data that is collected in PHACS. They will work to analyze the data in the best and most efficient way. The final two cores are administrative cores.

Latonia asked about what ages will be studied in SMARTT. **Claire** explained that the SMARTT protocol team and community members are currently deciding on the ages. This is because there is a little bit less funding than in other grant years. The protocol team also wants to make sure to collect enough data. They want to make sure to have enough visits to gather enough data to make scientific statements about HIV. However, they need enough funding to do the work. **Latonia** recommended that the protocol team monitor children born to mothers living with HIV as they grow. After age 5, children may develop differently. They start going to school around this age. It is important to study their brain growth.

Carol asked about the AMP protocol. **Claire** explained that AMP previously enrolled children ages 7-16. At some point, AMP stopped enrollment, but kept following the children who were enrolled. Now, the AMP participants have all aged into adulthood. In AMP Up, since participants are over the age of 18, they consent for themselves. The AMP Up series in PHACS 2020 includes AMP Up and AMP Up Lite. AMP Up Lite is a slightly shorter protocol that was opened at PHACS SMARTT sites.

Carol asked about whether adults with developmental disabilities may participate in AMP Up with their caregivers. **Megan** explained that if an adult participant is unable to consent for themselves, their legal guardian may consent for them. In these cases, the adult participant may still sign an assent form.

Claire talked about the Peers United Group (PUG). The PUG has been talking about parallels between COVID-19 and HIV. They have talked about the experience of living through two epidemics in their lifetime. Two PUG members are working to write a publication on this topic. They are interested in exploring young adults' feelings of invincibility. Many young people feel invincible to HIV and COVID-19 even though anyone can be affected by either. Structural racism and other factors can make HIV and COVID-19 affect some communities more than others. **Kim** talked about parallels. **Kim** suggested that the CAB consider writing something in POZ Magazine. **Claire** talked about writing articles for magazines and websites. It will be important to find out who would write the article. If these sources write the articles themselves, CAB members might not have ownership to their stories.

• PHACS FALL 2020 CAB RETREAT

Megan talked about the Fall 2020 CAB Retreat. **Megan** reminded the CAB that the Fall 2020 Network Meeting was cancelled. CAB members previously talked about holding a virtual CAB Retreat. It may be difficult to recreate the experience that is felt in person. The in-person time has been very important for CAB bonding and empowerment. **Megan** talked about a virtual retreat. **Megan** encouraged the CAB to think creatively about possible sessions. It is important that the retreat not feel like a regular CAB call. Sessions may focus on CAB bonding and support. This will help the CAB feel connected to each other to continue their important work all year long. The CAB may also talk about advocating around site re-competition.

Megan asked the CAB about a virtual retreat. **Raiko** suggested trivia games. **Latonia** suggested yoga and mindfulness exercises. **Kim** suggested musical bingo. **Gena** suggested karaoke. **Raiko** suggested a slideshow of pictures from past retreats. This might help remind everyone of how they felt connecting in person. **Carol** also recommended happy hour.

Megan talked about dates and times. It may be helpful to break the retreat up over several days. This would help fight screen fatigue. It would also allow more dates/time for everyone to join. This might be helpful if someone can join one day but not the other. **Kim** suggested doing the retreat over two days. **Latonia** suggested splitting the retreat up into morning and afternoon sessions. CAB members agreed to break the retreat up over at least two days. **Kim** suggested considering scheduling the retreat around Halloween.

Megan invited CAB members to participate on a retreat planning task force. CAB members may sign up through the evaluation survey.

NOTE: The next CAB call will be on Thursday, October 22, 2020 at 12:00 pm EST.